

Medical Myth Exposed

It's Okay to Use Contact Lens Solution After It Has Expired

False. Contact lens solutions, like most eye care products and pharmaceuticals, have an expiration date stamped on the package. The disinfection solution may lose its potency over time. Therefore, old solution may not adequately disinfect the contact lens, putting the wearer at risk for contact lens-related eye infections. In addition to using solution that has not expired, you should to never reuse solution or top off old solution with water to make a bottle of solution go further. For a more information about contact lens care visit www.geteyesmart.org/eyesmart/correction/contact_lens_care.cfm

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